

Navigating Margaret

A magical journey about living with dementia.



**A captivating play exploring
a remarkable woman's dementia journey
and its impact on her life and family.**

Margaret was once a pioneering pilot.
Travel through time with her, from
her early life to her later years, as
dementia reshapes her world.

This moving and compelling
performance is a must-see
for anyone seeking to
understand more
about dementia.



"It was exceptional-
everyone should see it! I
laughed and cried. The
humility and tender
representation was
mind-blowing."



Dementia awareness
workshops are also available.
Details on the reverse side.



Understand more about dementia. See the play. Join the workshops.

Live performances

14 November 7pm

Sikh Cultural & Sports Centre,
Leamington

17 November 10.30am

Indian Community Centre,
Cross Rd, Coventry

21 November 7pm

Ecumenical Centre, Redditch

**There will be a Q&A session
following each play.**

Pay what
you can. All
donations
appreciated.

Dementia Awareness Workshops

**The workshops use play excerpts and
interactive activities to offer a low-
pressure, hands-on introduction to
dementia.**

14 November 2.30-4.30pm

Sikh Cultural and Sports Centre,
Leamington

Pay what you can

19 November 10-12pm

Hastings Care Home, Malvern
£20* including refreshments

19 November 2.30-4.30pm

Tolly Community Centre, Worcester
£20* including refreshments

20 November 10-12 noon

Deer Park Care Home, Ledbury
£20* including refreshments

20 November 2.30-4.30pm

Belmont Community Centre, Hereford
£20* including refreshments

21 November 2.30-4.30pm

Ecumenical Centre, Redditch
Pay what you can

*plus booking fee

*The show and workshops are not
suitable for people with middle and late-
stage dementia. Age recommendation
12+ due to occasional mild swearing.*



Find out more and book at
www.artsuplift.co.uk/dementia
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