



## Kenilworth Over 30 Swim Club

In 1986, four friends from Kenilworth, who travelled regularly to Coventry for their swimming sessions, took advantage of the newly opened Abbey Fields indoor pool to set up a new club - the Kenilworth Over 40 swimming club - founder member Harry Langley said "there has only been one change in the last 30-odd years - the ladies were not keen to admit to being over 40 so we changed the name to Over 30 Swimming Club - that did the trick!"



Membership was oversubscribed with a limit of 48 members on the books, but in reality, no more than 24 swimmers were there every Sunday morning at 8:00 am. We had a waiting list!

Over the years, we have engaged in many fund raising activities, the most obvious was the annual swimathon, where we raised over £2,000

for the local Myton Hospice, over £1,000 for Bethany's Wish charity and a good time was had by all.



All this, together with social events to generate funds for the club, meant we were a healthy bunch and although membership numbers have dropped recently, the "younger" members undertook open water swimming challenges (River Dart 10K challenge 2018, raising over £2,000) and . . .



The ultimate challenge - swim the English Channel - a relay swim where three of our members formed a team made up of five like minded lunatics, swam the Channel in 15 hours and raised well over £11,000 for the Aspire charity in 2020.





Sadly, with the Coronavirus pandemic interrupting our swimming activities, and a lack of social events for fund raising, we are now only 16 active members in the club. With the move to Newbold Comyn, it is anticipated that we will lose even more members - so - come along and give us a try! There are six lanes at Newbold Comyn - all ready and waiting for you to enjoy - any Sunday between 8:00 and 9:00

**OVER 30?**

**ENJOY SWIMMING?**

**Lane-swimming sessions take place at Abbey Fields swimming pool every Sunday between 8am and 9am**

**Whilst Abbey Fields pool complex is being rebuilt, we are relocating to Newbold Comyn in Leamington Spa**

**Kenilworth Over 30 Swimming club has spaces currently for new members**

**Membership is currently £75 for six months**

**please contact**

**Simon Morton - Membership Secretary**

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