If you would like further information on the services of Mentor Link, or you would like to support the charity please complete the form below and post to address detailed.



Please contact me regarding the services of Mentor Link



Name -	10
Address	
PostcodeTelep	hone
Email	

Return to

# **Lucy Blackford**

Mentor Link The Office Suite, 18 Lombard Street Stourport on Severn DY13 8DT

Telephone: 01299 822336

Email: enquiries@mentorlink.org.uk







We provide a service across the West Midlands, Herefordshire & Shropshire.

#### Contact

Mentor Link
The Office Suite
18 Lombard Street
Stourport on Severn
Worcestershire
DY13 8DT

Tel: 01299 822336 Email: enquiries@mentorlink.org.uk Website: www.mentorlink.org.uk



Supporting distressed children

Registered Charity Number 1169026



Providing one to one social and emotional support to vulnerable or distressed children and young people.



# Information











www.mentorlink.org.uk

Our Vision is a world where children and young people feel valued and supported.

#### Our aim

To provide long term dedicated social and emotional support to vulnerable or distressed children and young people. Our Mission is to provide dedicated support to children and young people who need it.

# Supporting your child

Parents and families can refer their children to Mentor Link by contacting us by telephone or email. (Details on the back of the leaflet) Our staff will discuss our service with you in more detail.

Mentor link has an excellent reputation of supporting children and young people who may be experiencing difficult times for example:

· Family breakdown or crisis

Bullying

Low self- esteem

• Friendship or relationship issues

· Self-harm

 Poor behaviour at school or low attendance

Disengagement from school, family or friends

Anxiety

• Traumatic loss or bereavement

 Additional or special needs

# One young person writes...

"I've realised that I can help myself because now I am top of the school and I needed to change my behaviour. I've enjoyed having someone to talk to and have fun with. I am amazing now!!"

#### Parents write...

"I'm so grateful to Kim and this service. My daughter looks forward to her sessions. It has helped with expressing her feelings and dealing with emotions since her father and I separated earlier this year."

"He is very settled at school, never wants a day off whereby at his previous school he would do anything for a day off!"



## Our service improves

- Self esteem
- Performance and behaviour at school
- Relationships with family and friends
- · Attendance and engagement in learning

# Last year we mentored 359 children and young people

88% were reported as improved self- esteem
66% improved in performance and behaviour at school
84% reported improved relationships

71% reported improved wellbeing



#### What do we do

We are a children's charity providing long term one to one support to children and young people from a professionally trained mentor or counsellor.

#### Our services is

- · Child and young person centred
- Weekly
- · Long term
- Dedicated
- Confidential
- Professional

### Our mentors and counsellors are

- Professionally recruited using safer recruiting techniques
- Carefully matched to the child or young person
- Independent
- Fully trained to listen to children and young people
- DBS vetted
- Supported by our staff in their role
- Male and female mentors

Mentor Link welcomes enquiries from parents and our staff can discuss with you the service that we provide and how we can support your child.